

LUNCH PACKAGES

SPRIG LUNCH (Serves 6) Assortment of six sandwiches or wraps, chips & one side	\$100.00
ROOT LUNCH (Serves 12) Assortment of twelve sandwiches or wraps, chips & cookies.	\$165.00
HUNGRY ROOT LUNCH (Serves 12) Assortment of twelve sandwiches or wraps, chips, cookies and choice of one salad/plate or two sides	\$220.00

TO SHARE

(Serves 6)

AVOCADO TOAST BOX Vg Toasted honey wheat, smashed avocado, lemon vinaigrette	\$35.00
BAGEL BOX Vg Assortment of six bagels with butter & cream cheese	\$24.00
BERRY GREEK YOGURT Vg Greek yogurt, granola, blueberry compote	\$36.00
FRUIT SALAD V GF Seasonal fruit salad mix	\$34.00

BREAKFAST PACKAGES

SPRIG BREAKFAST (Serves 6) Assortment of six bagels, Greek yogurt & fruit salad	\$85.00
ROOT BREAKFAST (Serves 12) Avocado toast box, fruit salad or Greek yogurt, coffee or hot tea	\$135.00
HUNGRY ROOT BREAKFAST (Serves 12) Assortment of twelve breakfast sandwiches, fruit salad or Greek yogurt, coffee or hot tea	\$205.00

BOXED LUNCH

(minimum order of 6)

ROOT BOXED LUNCH Choice of sandwich, wrap, salad or plate with chips and cookies	\$11.00 (per person)
HUNGRY ROOT BOXED LUNCH Choice of sandwich, wrap, salad or plate with chips and bottled water	\$11.50 (per person)

SANDWICHES & WRAPS

(serves 6)

CLASSIC HUMMUS Vg Hummus, cucumbers, carrot ginger veggie slaw, arugula, lemon vinaigrette on ciabatta	\$45.00
THE GARDEN Vg Roasted red and yellow peppers, cucumbers, bibb lettuce, sliced red onion, shredded red cabbage, goat cheese on honey wheat	\$45.00
GRANDMA'S CHICKEN SALAD Grilled chicken, aioli, red onion, celery, bibb lettuce, and tomato on honey wheat	\$45.00
THE C & C Grilled chicken, marinated cauliflower, tomato jam, spicy aioli, pickled cherry peppers, arugula, lemon vinaigrette on ciabatta	\$57.00
GOOD OL' SMOKE Brisket, BBQ sauce, roasted red peppers, white cheddar cheese, arugula, green goodness dressing, on pressed ciabatta.	\$60.00
SAUCY & SMOKIN HOT Pork loin, BBQ sauce, spicy brussel coleslaw, on ciabatta.	\$60.00
CHICKEN GOODNESS Grilled chicken, green goodness, roasted red peppers, pickled red onion, white cheddar cheese, arugula, balsamic vinaigrette, on toasted ciabatta.	\$66.00

BREAKFAST SANDWICHES

(Serves 6)

SUNRISE Vg Cage-free egg, white cheddar, toasted English muffin +Add pork loin +Add avocado	\$36.00
MORNING GLORY Vg Cage-free egg, white cheddar, roasted red peppers, pickled cherry peppers, arugula, aioli, toasted English muffin	\$36.00

SALADS

(Serves 6)

TOFU TWIST V GF Sesame ginger marinated tofu, avocado, romaine, shredded veggie slaw, sliced red onion, carrot ginger dressing	\$45.00
CITRUS SALAD Vg GF N Mixed greens, watermelon radish, mandarin orange, red cabbage, goat cheese, walnuts, balsamic vinaigrette	\$45.00
SOUTHERN BORDER GF Grilled chicken, avocado, romaine, pickled red onion, tortilla crisps, green goodness dressing	\$50.00



V
VEGAN

N
CONTAINS NUTS

Vg
VEGETARIAN

GF
GLUTEN-FREE

***Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

PLACE YOUR ORDER!

646.863.8590

OR

CATERING@ROOTANDSPRIG.COM

PLATES

(Serves 6)

VEGAN POKE BOWL V GF Sesame ginger marinated tofu, shredded red cabbage, watermelon radish, cucumber, avocado, quinoa, black sesame seeds, dynamite sauce	\$50.00
POWERHOUSE V GF Quinoa, shredded red cabbage, sesame ginger marinated tofu, roasted green beans, black sesame seeds, carrot ginger dressing	\$50.00
SOY JOY GF Teriyaki glaze, grilled chicken, quinoa, charred broccoli, roasted red peppers, black sesame seeds	\$50.00
SOUTHERN BBQ Slow smoked brisket, BBQ sauce, roasted fingerling potatoes, and spicy brussel coleslaw.	\$50.00

SIDES

(Serves 6)

MARINATED CAULIFLOWER V GF Cauliflower, parsley, golden raisins, capers, red onion	\$25.00
CHARRED BROCCOLI V GF Broccoli & tomato jam	\$25.00
ARUGULA SALAD Vg GF Arugula, parmesan, lemon vinaigrette	\$25.00

DRINKS

ORANGE JUICE (Serves 10-12)	\$30.00
LA COLOMBE COFFEE (Serves 10-12)	\$30.00
BREW LAB HOT TEA (Serves 10-12)	\$30.00
BOTTLED WATER	\$2.00
SPARKLING WATER	\$2.00
COKE & DIET COKE	\$2.00
SPINDRIFT	\$2.00



WASHINGTON DC

Root & Sprig

CATERING MENU